BHARATHIDASAN UNIVERSITY
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Department of Physical Education and Yoga

Course Title : olympic movement
Course Code : 21BPE14EA

Unit- (V)

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Pre Independence – Name of Medalist

Medal	Name/Team	Games	Sport	Event
Silver	Norman Pritchard[1][17]	1900 Paris	Athletics	Men's 200 metres
Silver	Norman Pritchard[1][17]	1900 Paris	Athletics	Men's 200 metre hurdles
Gold	National team[2]	1928 Amsterdam	Field hockey	Men's competition
Gold	National team[3]	1932 Los Angeles	Field hockey	Men's competition
Gold	National team[4]	1936 Berlin	Field hockey	Men's competition
Gold	National team[5]	1948 London	Field hockey	Men's competition

AFTER INDEPENDENCE –ACHIEVEMENT OF INDIAN TEAM GAMES AND INDIVIDUAL SPORTS

1952 Helsinki	1	0	1
1956 Melbourne	1	0	0
1960 Rome	0	1	0
1964 Tokyo	1	0	0
1968 Mexico City	0	0	1
1972 Munich	0	0	1
1976 Montreal	0	0	0
1980 Moscow	1	0	0
1984 Los Angeles	0	0	0
1988 Seoul	0	0	0
1992 Barcelona	0	0	0
1996 Atlanta	0	0	1
2000 Sydney	0	0	1
2004 Athens	0	1	0
2008 Beijing	1	0	2
2012 London	0	2	4
2016 Rio de Janeiro	0	1[14]	1[15]

Gold	**National team**[5]	**1948 London**	**Field hockey**	**Men's competition**
Gold	National team[5]	1952 Helsinki	Field hockey	Men's competition
Bronze	Khashaba Dadasaheb Jadhav[5]	1952 Helsinki	Wrestling	Men's freestyle bantamweight
Gold	National team[5]	1956 Melbourne	Field hockey	Men's competition
Silver	National team[6]	1960 Rome	Field hockey	Men's competition
Gold	National team[7]	1964 Tokyo	Field hockey	Men's competition
Bronze	National team[8]	1968 Mexico City	Field hockey	Men's competition
Bronze	National team[9]	1972 Munich	Field hockey	Men's competition
Gold	National team[10]	1980 Moscow	Field hockey	Men's competition
Bronze	Leander Paes[11]	1996 Atlanta	Tennis	Men's singles
Bronze	Karnam Malleswari[12]	2000 Sydney	Weightlifting	Women's 69 kg
Silver	Rajyavardhan Singh Rathore[13]	2004 Athens	Shooting	Men's double trap
Gold	Abhinav Bindra[13]	2008 Beijing	Shooting	Men's 10 m Air Rifle
Bronze	Vijender Singh[13]	2008 Beijing	Boxing	Middleweight
Bronze	Sushil Kumar[13]	2008 Beijing	Wrestling	Men's freestyle 66 kg
Silver	Vijay Kumar[13]	2012 London	Shooting	Men's 25 Rapid Fire Pistol
Silver	Sushil Kumar[13]	2012 London	Wrestling	Men's freestyle 66 kg
Bronze	Saina Nehwal[13]	2012 London	Badminton	Women's singles
Bronze	Mary Kom[13]	2012 London	Boxing	Women's flyweight
Bronze	Gagan Narang[13]	2012 London	Shooting	Men's 10m Air Rifle
Bronze	Yogeshwar Dutt[13]	2012 London	Wrestling	Men's freestyle 60 kg
Silver	P. V. Sindhu[14]	2016 Rio de Janeiro	Badminton	Women's singles
Bronze	Sakshi Malik[15]	2016 Rio de Janeiro	Wrestling	Women's freestyle 58 kg

Achievement of India in Hockey

- **Hockey Team** *(1   medals)*
- 1927, the first year of organized participation and the Indian hockey team struck gold.
- Hockey was the first sport that had the world take notice of Indian presence at Olympics.
- For 28 continuous years, Indian hockey team was proudly seated at the perch of world hockey and the Summer Olympics provided the grandest stage to display its superiority.
- 6 gold medals and a winning streak of 24 matches are of some significance.
- Hockey has earned India a total of 11 Olympic medals.
- This include Eight gold, one silver and two bronze medals and the last of those,
- A gold medal, came way back in 1980 at the Moscow Games.
- The whole world gasped in awe as Dhyan Chand and his teammates displayed their magic with the hockey sticks enthralling thousands of fans all over the globe, making India the undisputable champion team.

Olympic Medal Winners of India

- **Norman Pritchard**. He won 2 silver medals at the 1900 Paris Olympics. Silver Medals were won in men's 200 meters and Silver Medals were won in men's 200m Hurdles

- **Khashaba Dadasaheb Jadhav** *(1952 Helsinki Olympics)*Khashaba Dadasaheb Jadhav was independent India`s first ever Olympic medal winner

- **Leander Paes** had the Indian flag flying at the medal presentation ceremony at the 1996 Atlanta Olympics He won a bronze medal in the singles event of Lawn

- **Karnam Malleswari**, *(2000 Sydney Olympics)* a weightlifter from Andhra Pradesh, became the first Indian women to win an Olympic medal (individual/team) at the Sydney Games. She lifted 110kg in the snatch and 130 kg in clean and jerk for a total lift of 240 kg

- **Rajyavardhan Singh Rathore** *(2004 Athens Games)* silver medal in men`s Double Trap at 2004 Athens Games was then the best individual performance by an Indian post independence

- **Abhinav Bnidra** (At the 2008 Beijing Olympics) won gold in the Men's 10 metre air rifle event becoming the first Indian to win an individual gold medal at the Olympic Games.

- **Vijender Singh** got the country's first medal in boxing with his bronze medal in Middleweight category.

- The 2012 Summer Olympics saw an 83-member Indian contingent participating in the games and setting a new best for the country with a total of six medals.

- **Sushil Kumar** Wrestler became the first Indian with multiple individual Olympic medals (bronze at the 2008 Beijing Olympics and silver at the 2012 Summer Olympics) since Norman Pritchard in 1900.

- **Saina Nehwal** won bronze medal in badminton in Women's singles getting the country's first Olympic medal in badminton.

- **Gagan Narang** (2012 Summer Olympics in London) Bronze medal in Men's 10m Air Rifle

- **Yogeswar Dutt** 2012 Summer Olympics in London) Bronze medal Wrestling in Men's freestyle 60 kg

- **Pugilist Mary Kom** became the first Indian woman to win a medal in boxing with her bronze medal finish in Women's flyweight category.

- At the 2016 Summer Olympics, a record number of 118 athletes competed.

- **Sakshi Malik** became the first Indian woman wrestler to win an Olympic medal with her bronze medal finish in Women's freestyle 58 kg category.

- Shuttler **P. V. Sindhu** became the first Indian woman to win a silver medal in Olympics and also the youngest Indian Olympic medalist.

Indian Women in the Olympics

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• Shuttler **P. V. Sindhu** became the first Indian woman to win a silver medal in Olympics and also the youngest Indian Olympic medalist.

• First Indian women to ever win an Olympic medal was **Karnam malleswari** who won a bronze medal at the Sydney Olympics in the Women's 69 category in weight lifting .