



**BHARATHIDASAN UNIVERSITY**  
**TIRUCHIRAPPALLI-620 024,**  
**Tamilnadu, India**

**Programme : Bachelor of Physical Education**

**Course Title: METHODS OF TEACHING IN PHYSICAL  
EDUCATION AND EDUCATIONAL TECHNOLOGY**

**Course Code : 21BPE22**

**Unit -II**

**Teaching Aids**

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# Meaning of teaching aids

- Teaching aids are tools, materials, or devices used by educators to enhance learning and teaching experiences. They simplify complex concepts, make lessons more engaging, and cater to diverse learning styles. These aids can be categorized into visual aids (e.g., charts, diagrams), audio aids (e.g., podcasts, recordings), audio-visual aids (e.g., videos, animations), and hands-on aids (e.g., models, experiments).

# Importance of Teaching Aids

- Enhance Understanding
- Increase Retention
- Promote Active Learning
- Cater to Diverse Learners
- Encourage Creativity and Interest
- Facilitate Teacher's Work

# Criteria for Selecting Teaching Aids

- ✓ **Relevance to Objectives**

The aid must align with the lesson's goals and the curriculum requirements.

- ✓ **Age Appropriateness**

The material should suit the students' age, cognitive level, and maturity.

- ✓ **Cultural Sensitivity**

The content should respect cultural norms and avoid any bias or insensitivity.

- ✓ **Clarity and Simplicity**

The aid should convey information clearly without unnecessary complexity.

- ✓ **Cost-Effectiveness**

It should provide maximum benefit for its cost, ensuring affordability and sustainability.

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## ✓ **Ease of Use**

The aid should be user-friendly for both teachers and students.

## ✓ **Interactivity and Engagement**

It should encourage participation and make learning dynamic.

## ✓ **Durability and Availability**

High-quality aids that are durable and easily accessible are ideal.

## ✓ **Flexibility**

The teaching aid should be adaptable for different lessons or purposes.

## ✓ **Alignment with Technology**

Modern aids should incorporate or be compatible with technological advancements (e.g., projectors, computers).

# Difference between Teaching methods and Teaching Aids

Aspect	Teaching Methods	Teaching Aids
<b>Definition</b>	The systematic approach or strategy used by teachers to deliver content and facilitate learning.	Tools, materials, or devices used to enhance the teaching and learning process.
<b>Purpose</b>	Guides the process of teaching to achieve learning objectives.	Supports and complements teaching methods to make learning more effective and engaging.
<b>Examples</b>	Lecture, discussion, demonstration, problem-solving, collaborative learning.	Charts, models, flashcards, videos, projectors, blackboards, and digital tools.
<b>Role in Teaching</b>	Provides the overall framework or plan for delivering the content.	Acts as supplementary resources to make teaching methods more effective and interactive.
<b>Focus</b>	Focuses on the "how" of teaching, emphasizing approaches to content delivery.	Focuses on the "what" of teaching, emphasizing tools to aid understanding.