



BHARATHIDASAN UNIVERSITY

Tiruchirappalli- 620 024

Tamil nadu, India

Programme: B.P.Ed., Physical Education & Yoga

**Course Title :Contemporary issues in Physical education,
Fitness and wellness**

Course Code: 21BPE24EA

UNIT – 5

Issues in Physical Education

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FORMAL ASSESSMENT

Formal assessments are systematic, pre-planned tests that assess student learning of a unit or major concept. These are usually given at an end point, such as the End of a unit, to make sure students learned and mastered the content. Formal assessments can consist of term papers, final exams, and class presentations. Formal assessments can consist of term papers, final exams, and class presentations.

Informal

Its assessments are checkpoints to gauge student learning during the unit to identify areas of strength and weakness. These are usually given to measure a student's progress rather than to test student mastery of a unit or concept.

Informal assessments can consist of exit slips, quizzes, and reflective writing assignments.

Teaching and Learning Issues

- Establishing and supporting a culture of evidence
- Demonstrating improvement of learning
- Translating learning research into practice
- Selecting appropriate models and strategies for e-learning
- Providing tools to meet growing student expectations
- Providing professional development and support to new audiences
- Sharing content, applications, and application development
- Protecting institutional data
- Addressing emerging ethical challenges
- Understanding the evolving role of academic technologists

SWOT (*Strengths, weaknesses, opportunities, and threats*)

SWOT analysis is an acronym that stands for strengths, weaknesses, opportunities, and threats. It is a method of assessing the current situation and future potential of a sports organization or program by examining its internal and external environment.

Strengths and weaknesses are the internal factors that are within your control, such as your resources, skills, reputation, and culture.

Opportunities and threats are the external factors that are outside your control, such as your competitors, customers, trends, and regulations.

Analyzing the strengths, weaknesses, opportunities, and threats of your sports team can give you a competitive edge. With the Sports Team SWOT Analysis

- Identify the team's strengths, such as exceptional player skills or strong teamwork, to leverage them for success
- Pinpoint weaknesses, like lack of fitness or poor communication, in order to address and improve them
- Uncover opportunities, such as new sponsorship deals or talent recruitment, to maximize your team's potential
- Mitigate threats, such as injuries or rival teams, by developing strategies to overcome them and stay ahead of the game.

Gambling

Gambling can affect self-esteem, relationships, physical and mental health, work performance and social life. It can harm not only the person who gambles but also family, friends, workplaces and communities.

A gambling addiction or problem is often associated with other behavior or mood disorders. Many problem gamblers also suffer with substance abuse issues, unmanaged ADHD, stress, depression, anxiety, or bipolar disorder

An individual's gambling is Affected following points:

- (1) It is preoccupied with gambling (e.g. preoccupied with reliving past gambling experiences, handicapping or planning the next venture, or thinking of ways to get money with which to gamble)
- (2) needs to gamble with increasing amounts of money in order to achieve the desired excitement;
- (3) has repeated unsuccessful efforts to control, cut back, or stop gambling
- (4) is restless or irritable when attempting to cut down or stop gambling
- (5) gambles as a way of escaping from problems or of relieving a dysphoric mood (e.g. feelings of helplessness, guilt, anxiety, depression)

- (6) after losing money in gambling, often returns another day in order to get even (“chasing” one’s losses)
- (7) lies to family members, therapist, or others to conceal the extent of involvement with gambling
- (8) has committed illegal acts, such as forgery, fraud, theft, or embezzlement, in order to finance gambling
- (9) has jeopardized or lost a significant relationship, job, educational, or career opportunity because of gambling; and
- (10) relies on others to provide money to relieve a desperate financial situation caused by gambling (American Psychiatric Association 2000).

Violence

It is defined by the World Health Organization in the WRVH as ***“the intentional use of physical force or power, threatened or actual, against oneself, another person, or against a group or community, that either results in or has a high likelihood of resulting in injury, death, psychological harm, maldevelopment or deprivation”***.