



BHARATHIDASAN UNIVERSITY
TIRUCHIRAPPALLI-620 024,
Tamilnadu, India

Programme : Master of Physical Education

Course Title: SPORTS PSYCHOLOGY

Course Code : 21MPE42

Unit -IV

Dr. A. PALANISAMY

Professor & Head

Department of Physical Education and Yoga

Meaning of Sports Sociology : Unit IV

Physical activity performed in groups, develops spirit of fellow – feeling, friendship and social co-existence. Participation in physical programmes must make the individual morally better. Moral values will automatically be inculcated when the officials, the organizers and the teachers themselves show high moral standards.

Definition of Sports Sociology :

1. Sports sociology may be defined as “the social qualities and characteristics are learned through social interaction in sports field”.
2. Sports sociology may be defined as “the sociological aspects involved in an individual’s life and that enhanced human performance or sports”.

Sports Socialization:

- ❖ Socialization is the process of working together, of developing groups responsibility or being guided by the welfare needs of others – BOGARDUS
- ❖ Socialization is the process by which the individual learns to conform to the norms of the group – W.F. OGBURN

Individual Sports As Social Institution

To determine the social status of sports and discuss sports as a social event, phenomenon and institution. Society is a composition of real relations and values effecting individuals. Sport is not only a social event, but also a social phenomenon and a social institution.

National Integration Through Sports:

Sports and integration are inseparable. Both will go together. Culture developments have revealed a tendency to be consistent. At the same time different part of culture are inter connected. One of the aims of education and physical education is integration. Integration plays a predominant role in physical education and sports. This social quality has been developed through sports. People feel a feeling of oneness. This cultural quality has been acquired only through playing games and sports. The cultural aspects of integration and sports are thickly related to each other.

Physical education and sports is a media through which integration process will take place. The term integration is common term for co-operation.

Socialization:

Another important aspect of national integration is socialization. Socialization means social training. Every society prescribes its own ways and means of giving social training to its new born members so that they may develop their own personality. The social training is called 'socialization'. A sport develops socialization and socialization develops sports. Physical education and sports change moral social, fresh and cultured behaviours. A society in which one develops socialization can develop national integration.

Culture:

Culture is often called 'learned ways of behaviour'. Sports and integration are inseparable. Both will go together. Culture in its developments has revealed a tendency to be consistent. At the same time different parts cultures are interconnected. The role of physical education on national integration is unlimited. Physical education includes culture. Sports are cultural activity. The culture influences and makes the citizens of the country develop national integration. Culture is a unique possession of man.