

Bharathidasan University Tiruchirappalli - 620023 Khajamalai Campus Tamil Nadu, India

Programme: M.A., Gender Studies

Course Title: GENDER HEALTH AND NUTRITION

Code: CC - III

Unit V: Field Work

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Gender Analysis of Policies

- This reviews global, national, and state-level policies for gender equity in health.
- It evaluates their effectiveness, identifying strengths and gaps.
- For instance, policies like Janani Suraksha Yojana successfully promote maternal health, but transgender-inclusive healthcare remains underaddressed.
- Comparing frameworks across regions highlights best practices and areas for improvement.
- This encourages critical analysis and the adoption of comprehensive strategies for equitable healthcare.

Understanding Health Challenges

- ► This shares insights from interactions with healthcare providers, NGOs, activists, and communities.
- Fieldwork reveals on-the-ground challenges such as resource constraints, cultural stigmas, and gaps in policy implementation.
- Real-life examples, such as a survivor accessing a One-Stop Center, illustrate the importance of integrated support systems.
- These experiences bridge theoretical knowledge with practical understanding, offering a holistic view of healthcare challenges.

Micro-Level Health Awareness

- This slide outlines the importance of conducting gender-sensitive health awareness camps.
- These camps address topics like reproductive health, mental health, and GBV, fostering community engagement and education.
- By integrating local perspectives, these initiatives build trust and promote health-seeking behavior.
- For example, a camp in a rural area might focus on menstrual hygiene and access to affordable sanitary products. This slide emphasizes the role of grassroots efforts in creating sustainable change.

Thank you