BHARATHIDASAN UNIVERSITY CENTRE FOR DIFFERNTLY ABLED PERSONS Tiruchirappalli-620024 Tamil Nadu, India

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LEARNING SIGNALS, SYMBOLS, AND BASIC LSRW SKILLS

Introduction

• Teaching Signals, Symbols, and Basic LSRW (Listening, Speaking, Reading, Writing) skills to students with intellectual disabilities involves breaking down concepts into manageable steps, using visual aids, and incorporating multisensory activities.

OBJECTIVES

- Recognize and respond to survival words and symbols.
- Learn to navigate work environments and public spaces.
- Practice Listening, Speaking, Reading, and Writing (LSRW) skills.

LEARNING SIGNALS AND SYMBOLS

A. Goals

- Recognize and respond to basic signals (e.g., traffic lights, alarms).
- Understand and use symbols (e.g., restroom signs, exit signs).

B. Activities

- Matching Activities:
 - Match common symbols (e.g., stop sign, restroom) to their meanings.
 - Use flashcards with pictures and names of symbols.

o Role-Playing:

- Simulate real-world situations like crossing the street or finding a restroom.
- Practice responding to alarms or verbal cues.

Symbol Charts:

- Create visual charts with common symbols and their meanings.
- Printable resources: Download symbol flashcards from <u>Do2Learn</u>.

• Interactive Games:

- Use apps or online games that teach traffic rules and basic safety symbols.
- o Daily Integration:
 - Point out symbols in the environment during walks or outings.
 - Use consistent prompts, e.g., "What does this symbol mean?"

- A. Listening Skills
- Goals:
 - Understand and respond to spoken words or instructions.
 - Develop auditory discrimination (distinguishing sounds).
- Activities:
 - Sound Recognition:
 - Play sound games like identifying animal sounds or objects.
 - Simple Directions:
 - Practice one-step instructions (e.g., "Clap your hands").
 - Gradually progress to multi-step instructions.
 - Story Listening:
 - Read short stories and ask simple questions about them.
- Use apps like **Speech Blubs** for auditory practice.

- Speaking Skills
- Goals:
 - Express needs, wants, and feelings.
 - Use words, phrases, or augmentative communication tools.
- Activities:
 - Interactive Dialogues:
 - Practice basic greetings, asking for help, or naming objects.
 - Role-Playing:
 - Simulate real-life conversations (e.g., ordering food).
 - Speech Therapy Tools:
 - Use apps like **Proloquo2Go** or flashcards with picture prompts.
 - Sing-Alongs:
 - Use rhymes or songs to encourage speech development.

- Reading Skills
- Goals:
 - Recognize letters, words, and simple sentences.
 - Associate pictures with words.
- Activities:
 - Alphabet Recognition:
 - Use tracing sheets, puzzles, or apps like **Starfall ABCs**.
 - Picture-Word Matching:
 - Match images to their corresponding names.
 - Sight Words Practice:
 - Use flashcards with high-frequency words like "cat" or "run."
 - Interactive Storybooks:
 - Choose books with large text and vivid images.
 - Resource: <u>Storyline Online</u>.

- Writing Skills
- Goals:
 - Develop pre-writing skills like tracing and drawing.
 - Write simple words or sentences.
- Activities:
 - Tracing Letters:
 - Use sand, chalkboards, or printable tracing worksheets.
 - Resource: <u>Tracing Worksheets</u>.
 - Letter Formation:
 - Practice forming letters with playdough or finger painting.
 - Word Copying:
 - Copy simple words like their name or favorite items.
 - Journaling:
 - Use picture prompts to encourage writing small descriptions.

MULTISENSORY TECHNIQUES

- Combine **visual** (pictures, videos), **auditory** (songs, instructions), and **kinesthetic** (movement, tracing) approaches for better engagement.
- Example:
 - Teach the stop sign using:
 - Visual: Show a red stop sign picture.
 - Auditory: Say, "Stop!" while pointing.
 - Kinesthetic: Act out stopping a toy car.

TEACHING STRATEGIES

• Visual Supports:

- Use charts, flashcards, and real-life examples.
- Consistent visual aids help with symbol recognition.

• Repetition and Routine:

Repeat activities daily to reinforce skills.

o Positive Reinforcement:

• Reward success with verbal praise, stickers, or tokens.

• Chunking Tasks:

Break tasks into small, manageable steps.

RECOGNIZING SURVIVAL WORDS

What are survival words?

• Words like "Stop," "Exit," "Danger," "Restroom."

How to identify them?

- Look for bold text and clear symbols.
- Practice in real-life settings.

Visual: Examples of survival words with symbols.









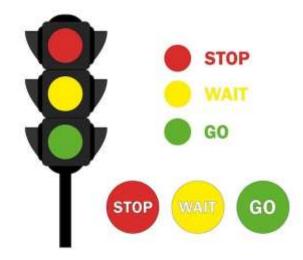


FOLLOWING TRAFFIC SIGNALS

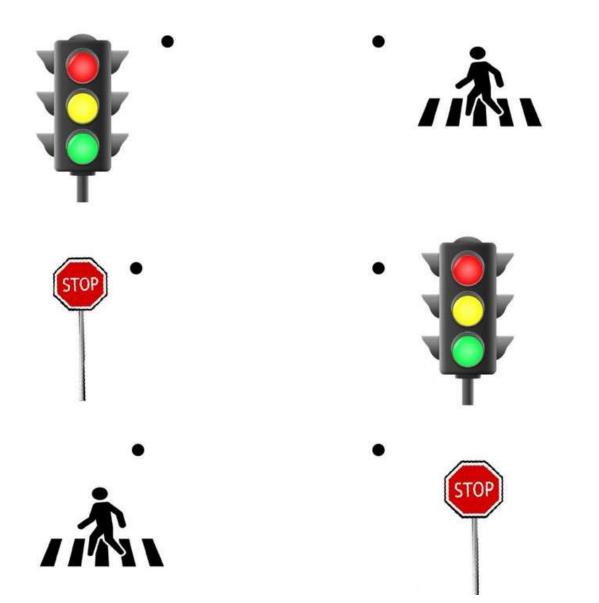
Red: Stop.

Yellow: Slow down.

Green: Go.



PRACTICE ACTIVITY: MATCH THE SIGNAL TO THE ACTION.



NAVIGATING JOB SITE INFORMATION

- Address of the job site.
- Name of coworkers.
- Job site rules.

Practice reading and remembering these details.



READING BUS NUMBERS AND NAMES

How to read bus numbers:

• Look at the front and side of the bus.

How to find your destination:

Match the number to your route.

Practice activity: Identifying bus numbers from images.

Visual: A bus with a clear number and destination.



WRITING LEAVE LETTERS

Why is it important?

To communicate your needs at work.

Steps to write a leave letter:

- Write your name and date.
- Mention the reason for leave.
- Add the leave dates.
- Thank your supervisor.

Practice: Writing a simple leave letter template.

IDENTIFYING ROOMS AND TELEPHONE NUMBERS

Rooms:

Look for room names or numbers on doors.

Telephones:

Note the number and whom to call.

Activity: Match rooms and phone numbers to their purposes.

Visual: Room signs and a simple telephone directory.

USING CLOCKS AND WATCHES

Why is it important?

• To follow a work schedule.

How to tell time:

• Practice reading analog and digital clocks.

Activity:

Match times to work tasks.

Visual: Analog and digital clocks with tasks assigned.

LSRW SKILLS

- Listening
- Speaking
- Reading
- Writing









• Listening:

Pay attention to instructions.

• Speaking:

Practice clear and polite communication.

• Reading:

Understand signs and written instructions.

• Writing:

Write notes, addresses, and leave letters.

LISTENING SKILLS

How to improve:

- Focus on the speaker.
- Ask questions if you don't understand.
- Practice: Listening to short instructions and repeating them.



SPEAKING SKILLS

How to improve:

- Speak slowly and clearly.
- Use simple sentences.

• Practice: Introducing yourself and asking for help.



READING SKILLS

How to improve:

- Start with short, simple words.
- Use pictures to help understand text.
- Practice: Reading survival words and job-related texts.

WRITING SKILLS

How to improve:

- Practice writing your name and address.
- Write short sentences and lists.
- Practice: Filling out a simple form or writing a note.



ROLE-PLAY ACTIVITY

Practice all skills together:

- Reading a bus number.
- Asking for directions.
- Writing a note or letter.
- Following a work schedule.

Visual: Students engaging in a role-play scenario.

RESOURCES -

Free Symbol Flashcards and Worksheets

- o Do2Learn
- Offers a variety of free and paid printable symbol cards for safety signs, daily routines, and more.
- o Link: <u>Do2Learn Printable Symbol Cards</u>
- Twinkl
- Provides symbol flashcards, posters, and matching games for educational use.
- Link: <u>Twinkl Symbol Resources</u>
- Education.com
- Worksheets for matching, identifying, and coloring symbols.
- Link: Education.com Printable Worksheets

TRAFFIC AND SAFETY SIGNS

- Teachers Pay Teachers
- Affordable or free downloads for traffic and safety sign activities, such as matching and role-play worksheets.
- o Link: <u>Traffic and Safety Signs Worksheets</u>
- K5 Learning
- Worksheets for recognizing road signs, traffic rules, and safety procedures.
- o Link: K5 Learning Safety Sign Worksheets

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CUSTOM SYMBOL CARD GENERATORS

- SymbolWorld
- Create custom symbol flashcards with a simple online generator.
- Link: <u>SymbolWorld Generator</u>
- LessonPix
- Design your own symbol cards with icons and text for specific lessons.
- Link: <u>LessonPix Custom Cards</u>