BHARATHIDASAN UNIVERSITY CENTRE FOR DIFFERNTLY ABLED PERSONS Tiruchirappalli-620024 Tamil Nadu, India

Programme Name	Diploma in vocational training and development (DVTD)
Course Code	23DVTD1
Sem	I
Course title	Basic Academics
Unit	I
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Introduction

 Basic academics can refer to the foundational skills and subjects that are taught in early education, such as reading, writing, and numeracy.

• Basic academics focuses on adapting content to meet their unique learning needs while promoting functional skills, independence, and confidence.

Foundational Literacy Skills

Reading:

- Letter recognition and phonics.
- Sight words and simple sentences.
- Using pictures and visual aids to support comprehension.

• Writing:

- Tracing and copying letters and words.
- Writing simple sentences or using assistive technology.
- Practicing name writing and personal details (e.g., address).

Communication:

- Augmentative and Alternative Communication (AAC) tools for non-verbal learners.
- Role-play for social and conversational skills.

Foundational Literacy Activities

Reading:

- Use interactive storybooks with audio narration (e.g., <u>Storyline Online</u>).
- Match letters to objects (e.g., "A" with apple, "B" with ball).
- Create a personalized word wall with names, favorite items, or daily words.

• Writing:

- Tracing letters using sandpaper, chalkboards, or apps like Writing Wizard.
- Write simple words with magnetic letters or letter stamps.
- Encourage journaling with prompts like "What made you happy today?" using pictures and words.

Communication:

- Use visual communication boards or apps like Proloquo2Go for non-verbal students.
- Role-play scenarios like ordering food or introducing themselves.

Foundational Numeracy Skills

Numbers and Counting:

- Recognizing numbers and counting objects.
- Basic addition and subtraction using manipulatives.

Time and Money:

- Understanding the clock (hour and minute hands).
- Recognizing coins and currency, making simple transactions.

Measurement and Shapes:

- Identifying shapes and sizes.
- Simple measurements (length, weight, volume).

Foundational Numeracy Activities

Numbers and Counting:

- Use manipulatives like counting beads, blocks, or buttons.
- Play counting games, such as counting steps, claps, or objects in the room.
- Apps like Endless Numbers for interactive number learning.

• Time and Money:

- Practice matching coins to pictures or using toy cash registers.
- Role-play shopping activities with real or play money.
- Use clock puzzles to teach time.

Measurement and Shapes:

- Create a shape scavenger hunt around the classroom or home.
- Practice measuring ingredients in simple recipes.
- Use sorting games to group objects by size or shape.

Life Skills Integration

Daily Living Skills:

- Personal hygiene (brushing teeth, washing hands).
- Dressing, food preparation, and basic chores.

Safety Skills:

- Recognizing signs and signals (stop, exit).
- Identifying trusted adults and emergency contacts.

Community Interaction:

Practicing behaviors in public settings (e.g., grocery stores, libraries).

Life Skills Activities

Daily Living Skills:

- Practice sequencing with visual schedules for brushing teeth or making a sandwich.
- Play "What's next?" using step-by-step cards for daily routines.
- Use real-life tools (e.g., sponges for cleaning, utensils for cooking) for hands-on learning.

• Safety Skills:

- Teach road safety using toy cars and traffic signs.
- Practice emergency drills with clear, step-by-step instructions.

• Community Interaction:

- Set up a mock grocery store or library for role-playing.
- Practice introducing themselves and asking for help.

Social and Emotional Learning

Self-Awareness:

- Identifying emotions with visual aids or tools.
- Developing self-esteem through praise and encouragement.

• Interpersonal Skills:

- Sharing, taking turns, and teamwork activities.
- Conflict resolution and understanding personal boundaries.

Behavioral Skills:

- Reinforcement strategies for positive behavior.
- Managing frustration and building coping mechanisms.

Social and Emotional Learning Activities

Self-Awareness:

- Use emotion cards or mirrors to identify and mimic facial expressions.
- Read stories about feelings and discuss the characters' emotions.

• Interpersonal Skills:

- Use board games to teach turn-taking and sharing.
- Practice greetings and polite phrases in group activities.

Behavioral Skills:

- Create a calm corner with sensory tools (stress balls, fidget spinners).
- Practice breathing exercises for managing frustration.

Technology Support

Assistive Technology:

- Tablets and apps for interactive learning.
- Visual schedules and task management tools.

• Digital Literacy:

- Basic computer skills (turning on a device, using a mouse).
- Safe online practices for older students.

Technology Support

Assistive Tools:

- Apps like Choiceworks for visual schedules.
- Use switch-adapted devices for students with motor difficulties.

• Interactive Games:

- Educational platforms like <u>ABCmouse</u> or **Starfall**.
- Use YouTube channels like Super Simple Songs for songs and videos.

Strategies for Engagement

- Individualized Education Plans (IEPs):
 - Tailoring curriculum to the student's strengths and needs.
 - Regular assessment and adjustment of goals.
- Multisensory Learning:
 - Combining visual, auditory, and tactile methods.
 - Incorporating songs, stories, and physical activities.
- Repetition and Routine:
 - Consistent schedules to reinforce learning.
- Building on small successes over time

Strategies for Engagement

Reinforcement and Rewards:

- Use sticker charts or tokens for completed tasks.
- Celebrate small achievements with high-fives or verbal praise.

Multisensory Approaches:

- Combine music, movement, and visuals (e.g., sing while clapping hands).
- Incorporate sensory activities like finger painting or playdough molding.

• Interactive Play:

 Use puppets, role-play, or simple theater games to make learning fun.

Resources for learning basic academic skills

- Foundational Literacy Pintables
- Alphabet and Phonics:
 - Tracing Sheets: Printable alphabet tracing worksheets with large letters.
 - · Resource: Super Teacher Worksheets Alphabet Tracing
 - Letter Sound Match: Cards with letters and matching pictures (e.g., A for apple).
 - Example: Free templates on <u>Teachers Pay Teachers (TPT)</u>.
- Sight Words:
 - Flashcards: Dolch sight word flashcards with pictures.
 - Download from: <u>Education.com</u>.
 - Word Matching Games: Worksheets where students match pictures to words.
- Sentence Building:
 - Cut-and-paste worksheets for creating simple sentences.
 - Download from: <u>Twinkl Sentence Builder Printables</u>.

Foundational Numeracy Printables

Counting and Numbers:

- Number Tracing: Worksheets for tracing numbers with colorful graphics.
 - Resource: <u>K5 Learning Number Tracing</u>.
- Counting Mats: Printables with spaces to place manipulatives for counting.
 - Example: <u>Fun Learning for Kids</u>.

• Time and Money:

- Clock templates to practice telling time.
- Printable money for role-playing activities (coins and bills).
 - · Resource: Money Worksheets.

Shapes and Patterns:

- Printable shape identification and matching worksheets.
- Pattern-sequencing cut-and-paste activities

Life Skills Printables

Visual Schedules:

- Daily routine cards with pictures for step-by-step guidance.
 - · Download from: <u>Do2Learn Visual Schedules</u>.

Personal Hygiene:

- Sequencing worksheets for brushing teeth or washing hands.
 - · Resource: Free Autism Resources.

Community Skills:

- Role-play shopping worksheets with grocery lists and money practice.
- Example: Free shopping printables from <u>Teaching Mama</u>

Social and Emotional Learning Printable

• Emotion Charts:

- Printable emotion cards with facial expressions and names.
 - Resource: Goally Emotion Cards.

• Behavior Charts:

- Reward charts with customizable goals.
 - Example: Free templates on <u>123 Homeschool 4 Me</u>.

• Interpersonal Skills:

- Worksheets for matching scenarios to appropriate behaviors.
 - · Resource: Social Skills Worksheets on TPT.

Technology and Interactive Tools

- Use apps like **Canva** to design custom printable worksheets or visual aids.
- For assistive communication, use **Boardmaker** to create visual boards and cards.

Thank you